

PETALUMA SENIOR CENTER ADVISORY COMMITTEE
211 NOVAK DRIVE, PETALUMA, CA
MINUTES OF THE March 11, 2009 MEETING & Tour

Call to order: 10:10 a.m.

Pledge of Allegiance and Moment of Silence to honor our servicemen and women.

ROLL CALL: PRESENT: William B. Jones, Jim Spahr, and Pat Wapp.

ABSENT: Bill Greene, Chair

STAFF PRESENT: Don Streeper

GUEST COMMENTS: None

APPROVAL OF MINUTES: The February 11, 2009 minutes were approved and placed on file.

STAFF REPORT: Don Streeper

>Newsletter:

Newsletter for March and April were distributed.

>"Senior Club" Membership:

As of 2/27/09, membership in the Senior Club is 530 and in 2008 we had 497 year to date.

>Planning/Travel:

San Francisco Flower & Garden Show in San Mateo is March 18th and 21 are going. We are partnering with Rohnert Park Senior Center on a number of trips in 2009; Winchester Mystery House, Hearst Castle, Monterey overnight, June - Jackson Rancheria, August – Reno, November - Las Vegas and in August, SF Theater Doo Wop Daze"

Coming programs/events in 2009:

St. Patrick's Day lunch scheduled for Tuesday, March 17th from noon to 2PM and added educational seminars

COMMITTEE REPORTS: Cookbook Update- No committee report.

UNFINISHED BUSINESS:

>SAC Applications: Two vacancies remaining. (Alternate member expires 6/30/09).

NEW BUSINESS:

Members of the Senior Advisory Committee; William Jones, Pat Wapp and Jim Spahr along with Recreation staff; Jan Mandrell and Don Streeper visited Kenilworth (Teen) Center and Cavanagh Recreation Center. The Petaluma Community Center was not toured as the SAC members were familiar with this building. The purpose of this tour was to familiarize members of the SAC with each location in an effort to match movement / exercise programs with locations that can appropriately accommodate senior exercise or movement activities. Upon completion of this tour the group discussed and recommended that staff consider Kenilworth as a reasonable program site. It was agreed that at both Kenilworth and Cavanagh sites have parking and access is difficult but not to the extent that the locations are not useful. The SAC members acknowledged that the Kenilworth Center is to be considered for year round. By using this site the program would avoid summer use conflicts that the B&G Club presents. Staff will begin to develop exercise program options that include additional classes and/or instructors to meet program demands. The April 8th SAC meeting will allow time for follow-up discussions in an attempt to meet the ever increasing demands on facilities due to program interests of our active and senior adult population. Active Aging is choosing an active lifestyle to stay mentally and physically healthy as you age.

OLD BUSINESS:

>Continuation of the SAC or back to Committee? Should the SAC report to the City or be an ad-hoc committee? Was not discussed due to time limits and will be on the March agenda.

Adjourned: 11:15 a.m.

Submitted,
Don Streeper, recreation Supervisor
March 29, 2009

Added items from Senior Advisory Committee members for discussion at our next meeting on Wednesday, April 8, 2009, must be received in writing ten (10) days prior to the scheduled SAC meeting.

NEXT MEETING IS WEDNESDAY, April 8, 2009 AT 10:00 A.M.

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