

CALLING ALL! SENIORS!

TRAVEL

ART

Creative Writing

**BRAIN
GAMES**

Current
Events

**Health
and
Well-
being**

Book
Discussion

Friendship

SUPPORT GROUPS

technology

...AND MORE

**CALL
NOW!**

877-797-7299

Senior Center Without Walls is a **FREE** phone-based program offering activities, education, friendly conversation, and an assortment of classes and support groups to isolated, older adults. Join a few programs from the comfort of your own home.



Senior Center Without Walls
An ESC Senior Resources Program